## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

<b>STATEMENT</b>	<b>OF CHANGE</b>	ES IN BENEF	FICIAL O	WNERSH	ΗP

OMB APPRO	DVAL				
OMB Number:	3235-0287				
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Gerson S		eporting Person*							er or Trad		ymbol			lationship of ck all applica Director	ble)	g Perso	10% Ow	ner/
(Last) 350 POPL	(Fir:	,	Middle)		Date of 13/2		est Trans	action (Mo	onth/E	Day/Year)	X			below)	′ I			
(Street) CAMP HILL PA 17011			4. If	f Ame	endmei	nt, Date o	of Original	Filed	(Month/Day/Y	Line)	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person							
(City)	(Sta		Zip)															
Table I - Nor  1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		ear)	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transa Code (	ction	4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4		(A) or	5. Amount of Securities Beneficially Owned Follo		Form:	Direct Indirect I	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
Common S	Stock			05/1	13/201	3/2019			М		4,741	A	\$19.8 22		374		D	
Common Stock		05/13/2019		9			M		12,515	A	\$7	34,8	34,889		D			
Common Stock		05/1	05/13/2019				M		5,982	A	\$13.7	40,8	40,871		D			
Common Stock			05/1	05/13/2019				D		10,401	D	\$25.33	30,470		D			
Common Stock			05/1	05/14/2019				S		9,308	D	\$25.26	21,162		D			
Common Stock			05/1	4/2019				F		3,529	D	\$25.33	17,6	17,633		D		
Common Stock											10,532			I	by Managed Account			
											osed of, o			wned		,	,	*
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code ( 8)		of Der Sec Acq (A) Disp of (I	ivative urities juired or posed D) (Instr. and 5)	6. Date Exercis Expiration Date (Month/Day/Yea		te of Securities		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Followine Reported Transacti (Instr. 4)	e es ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Amount or Number of Shares					
Stock Appreciation Rights	\$19.8	05/13/2019			M			4,741	(1)	-	03/02/2028 <sup>(1)</sup>	Common Stock	4,741	\$0	9,48	4	D	
Stock Appreciation Rights	\$7	05/13/2019			M			12,515	(1)		05/06/2026 <sup>(1)</sup>	Common Stock	12,515	\$0	0		D	
Stock Appreciation Rights	\$13.7	05/13/2019			M			5,982	(1)		03/03/2027 <sup>(1)</sup>	Common Stock	5,982	\$0	5,98	2	D	

## **Explanation of Responses:**

1. The stock appreciation rights vest in one-third increments on each of the first three anniversaries of the date of grant.

## Remarks:

/s/ Scott H. Gerson

05/15/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).